



Chalmette Church of Christ

June 1st, 2014

Insulted

Jeff A. Jenkins

How do you handle it when you've been insulted? Maybe the insult is from someone who has something against you. Maybe it's shrouded in humor, but the insult is clear. Maybe it's from a wellmeaning friend who says something innocently.

However, whenever, and from whoever insults come, they always hurt. Whether true or false, insults hurt. The big question is how do we handle it when we've been insulted? How do we respond when someone insults us?

The wise writer of the Proverbs has some wonderful insight to help us out. He says, "The vexation of a fool is known at once, but the prudent ignores an insult" (Prov. 12:16). This statement is clear. Any fool can respond in haste and show anger when insulted. However, it takes someone wise to ignore an insult. It takes someone who refuses to jump at the chance to pay someone back. It takes a person with great patience to overlook it when someone says or does something that seems unkind.

It takes someone who is trying to live like Jesus. How did Jesus handle it when He was insulted? Peter, who witnessed it all, tells us what Jesus did. "While being reviled, He did not revile in return; while suffering, He uttered no threats, but kept entrusting Himself to Him who judges righteously." (1 Peter 2:23). If we could learn to treat others like Jesus, to follow in His steps (1 Peter 2:21), and to develop His mind (Philippians 2:5) we would be able to deal with insults so much better. Allow me to make just a few suggestions.

Look behind the anger. Many times people insult us because they are angry with someone else. Perhaps someone has hurt them deeply and they are just deflecting their pain toward us. It is often true that hurt people, hurt people. If we can look behind the pain and anger of someone who has insulted us it might help us to have a better understanding. We are not saying that another person's anger makes it all right to insult someone, but it might help us to understand just a little bit.

Practice self-control. We must come to grips with the reality that just because someone has insulted us does not give us the right to retaliate. Selfcontrol is mentioned among the Christian graces. (Galatians 5:23) Peter teaches us that it is one of the qualities that must be added to our lives if we want to be useful for Christ. (2 Peter 1:6) Self-control is required for men who desire to lead the church. (2 Timothy 3:3)

Pray for wisdom. If we want to be able to deal with insults we desperately need to pray for wisdom. The brother of our Lord teaches us that if we want wisdom we should ask God. (James 1:15) The kind of wisdom needed to handle insults is "first pure, then peaceable, gentle, reasonable, full of mercy and good fruits, unwavering, without hypocrisy." (James 3:17)

Learn from insults and move on. There are times that we can learn lessons about ourselves from those who insult us. Even when someone attempts to do us harm we should consider the fact that there could be something to what they are saying. If we can learn something we should so that we might be more like Jesus. We might ask some close friend who will be honest with us if there is something we should learn from an insult.

Turn the problem and the person over to God. When we try to take matters into our own hands we will always fall short. We are just not qualified to know another person's heart. Because of this the best option is to pray about the matter and turn everything over to God. This is how Jesus handled it when he was insulted. "When he was reviled, reviled not again; when he suffered, he threatened not; but committed himself to him that judgeth righteously." (1 Peter 2:23) If Jesus needed to turn it over to God when He was insulted what would make us believe that we can handle insults by ourselves? We need to spend a great amount of time in prayer when someone insults us so that we handle them in a way that would please God.

(from *Thought from the Mound*)

Mountains in the Bible

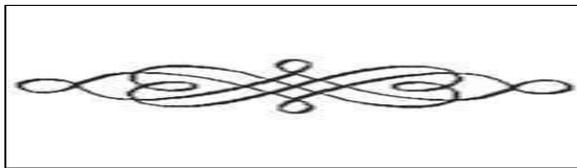
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Abarim	Gilboa	Jearim	Seir
Baalah	Gilboa	Lebanon	Shapher
Bethel	Gilead	Moriah	Sina
Carmel	Halak	Nebo	Sinai
Ebal	Heres	Nebo	Sion
Ephraim	Hermon	Olivet	Tabor
Ephron	Hor	Paran	Zalmon
Gerizim	Horeb	Perazim	Zion

News and Notes

- **Vacation Bible School** will be June 16-19. There will be a group of 30 people coming from Bybee Branch Church of Christ in McMinnville, TN. ****We are still in need of volunteers for housing. There is a sign up sheet on the bulletin board.**
- Please keep Alice Riley, and Margo Rodney in your prayers at this time as they are in poor health.
- **Volunteers Needed!** This evening we will prepare the bags for door knocking for Vacation Bible School. Please make plans to stay and help.
- Mark and Tina will return home on Tuesday. May they have a safe trip back home.



June Birthdays

11th-Julie Borchers

26th-Katelyn Lance

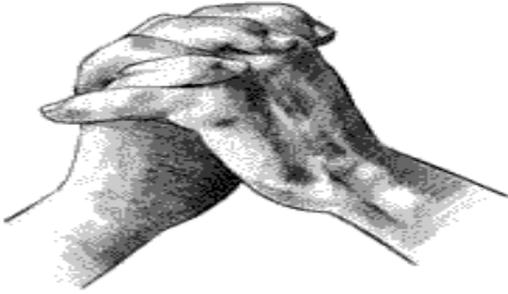
30th-Josh Borchers

June Anniversaries

3rd-Nappi & Charlie

Whitley

Prayer List



**Alice Riley & family
Sherry Towle
Margo Rodney
Judy Hennessee
Betty Grisham
Ella Gillard
Krisztian Montague
Linda Swanner
Jackie Gamble
Gloria Smiles
Joel James
David Ebeling
Ryker Amaya
Raymond Sanchez
Gary Huettmann
Malcolm & Marlene Vazquez**

***All of our brethren scattered across
the United States & our troops in
Iraq**



**Chalmette Church of Christ
200 De La Ronde
Chalmette, LA 70043
504-279-9438**

Services of The Church Sunday

Bible Classes 9:00 am
AM Worship 10:00 am
PM Worship 6:00 pm

Wednesday

Bible Classes 7:00 pm

Elders

Mark Lance 504-250-8492

J. V. Russell 504-277-0251

Charles Whitley 504-277-4717

Evangelist

Mark Lance 504- 250-8492

gospelpr@cox.net

Deacons

Scott Russell 504-232-4120

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Butch Snyder 504-682-0051

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